



Greetings!

Our employees are now part of an amazing new benefit...HealthiestYou. Here is some info that explains what it is and how you can take advantage of it right now!! Keep in mind, the HealthiestYou is another option to get prescriptions and speak to licensed physicians versus an unnecessary trip to the ER or Urgent Care.

---

### What is it?

**Talk with a Doctor from your office, car, couch, you name it!**

**No scheduling. No travel. No waiting rooms. No COPAYS!!**

- Available 24/7/365.
- Service is unlimited and free to everyone enrolled (and enrolled spouse/dependents)!
- Board certified, US based, and licensed physicians that can diagnose, treat and prescribe for acute illnesses (ex. Flu, allergies, earache, and many more).
- Can handle over 70% of your typical doctor's office or urgent care visits
  - **(FREE!)** No fee for the call or copay!!
- **Easy To Use:**
  - ✓ **Call 855-799-2839** You're already a member...Call now to try it out if you're feeling under the weather!
  - ✓ **Download the App Today To Connect With A Doctor— Available on both Apple and Android devices. Search for "healthiestyou" in the app store and Google play store.**

### What Do I Do Next?

**1. Download the app on your smartphone NOW!** Click Here → [Apple](#) | [Android](#)  
Click on "First Time Here" in the bottom right and enter the last name, birthdate, and zip code for the **primary** account holder. From there follow the prompts and create your account. Ensure your phone # is accurate as well (this is the # the physician network will call you back on when you click **Call Doctor**).

**2. Add the physician access # 855-799-2839 to your phone and the phone's of your dependents.**

Your membership is verified using your personal information, so you will never need a group # or member # to access service.

**3. Register online at [member.healthiestyou.com](http://member.healthiestyou.com) to enter your medical history.**

Your registration credentials from the app will be the same on this portal. To verify your information, click **Register Now**, then enter the primary member's Last Name, Date of Birth, Zip Code and hit **Lookup**.