

COVID-19 CHRONICLE

National Skilled Nursing Care Week

May 10-16, 2020



COVID QUERIES

With Governor Abbott’s 100% testing order, how does that affect me?

Effective Monday, May 11, 2020, Governor Greg Abbott ordered the state to begin testing all residents and staff in Texas nursing homes for COVID-19. In accordance with the Governor’s directive, Regency will work with the delegated agencies to accomplish this task.

Texas Health and Human Services Commission and the Texas Department of State Health Services are partnering with the Texas Division of Emergency Management, Texas Council on Fire Protection, local health departments, and the Texas Military Departments to develop and implement a plan of testing and specimen collection.

Facilities that have not had all residents and staff tested in the last 30 days will be contacted to coordinate testing. All employees will be asked to submit to the test or otherwise be required to self-quarantine for an unpaid period of 14 days. The PTO Donation Bank may be made available should an employee test positive and unable to work for that period. Regency will continue to follow the criteria for the return to work of healthcare personnel based on CDC guidelines.

How many Regency patients and staff have recovered from COVID-19?



What is the National Guard doing in our facilities?

Under and order from Governor Abbott has tasked the Texas National Guard to disinfect nursing homes across the state, as part of the effort to decrease the spread of COVID-19.



Photo courtesy of Texas National Guard

Frontline Feature:

Mike Cruz, Social Worker, LBSW-IPR Southbrooke Manor

As frontline workers our focus is on others and the tendency is to neglect the effect(s) our exposure has on us and our work. We should also consider our in-house resources the licensed social workers in the facilities and various psych services that visit our buildings as safeguards for assessing or intervening if not already in place.

Sometimes we don't think we need help or are unable to identify when we need help. Debriefing as teams are also a great way of finding purpose or meaning from things.

We will be providing some current resources which provide some insight to the effects of COVID-19 on our coworkers. Not sure what you are seeing from our corporate-wide view, but this is what the research is reporting so far.



The EAP is Here for You

We understand life is different and unpredictable right now.

Things changed fast for all of us, and no one is quite sure when we'll get back to normal. Many of us are experiencing isolation, anxiety, fear, stress, and family tensions, as well as financial problems. During this time, you have access to resources to help you navigate and solve personal problems.

COVID-19 Resources

IBH has set up a special site to support you and your family during the COVID-19 crisis. To access resources, go to: <https://ibhsolutions.com/resources/>

Short-Term Counseling

Some of us are struggling with the effects of COVID-19 on our lives, and many of us were already facing personal issues before the pandemic began. You have free access to short-term counseling, which can now be accessed by phone or video. EAP counseling can help with fear, stress, grief, relationship, and other personal issues.

Personal Technology

When you call the EAP for support, a clinician will guide you to appropriate resources for your needs, which may include online peer support groups, an AI chatbot for 24/7 support and tips, or other helpful resources for solving problems and staying resilient.

Life-Balance Resources

We realize many people are facing increased financial challenges right now. You can call the EAP and request financial support and speak with a financial advisor who can help you navigate challenges and make plans to recover sooner.

Wellness Website

Visit ibhworklife.com to access the EAP wellbeing website. It includes thousands of current health, life-balance, and wellbeing articles, movies, and other resources to help you stay healthy and balanced at this time.

Simply call your Employee Assistance Program (EAP) for support. You'll talk with a clinician who will listen to you and guide you to helpful tools and resources.

Contact the EAP. Call 800.386.7055 or go to ibhworklife.com **Username:** Maers + **Password:** WLM70101